# Friends Of Newport Rugby Trust (FONR)

## Season's Greetings to You!

No, we've not forgot that it's (only!) 4 ½ months until Christmas! No, this is the real Season's Greetings — it's been a long off-season and we're all eager to get back into the swing of competitive rugby, we've had enough football and Olympics for four years.

Despite the off-season FoNR have been VERY busy with various projects including the Meet the Players event and supporting Newport RFC's Academy link-up (more about this exciting project overleaf). For more details take a peek on our website at www.fonr.co.uk.

FoNR hope to have a new newsletter available for every Newport RFC home game which will inform people of what we are, what we have done and how you can help us in making a better Rodney Parade and a better future for rugby in and around the Newport area.

....talking about Christmas though why not think about getting something from the FoNR Shop like a tee-shirt, hoodie, mug, signed rugby ball etc...

Don't forget you can follow us on Twitter and Facebook too!





Find us on Facebook

### Welcome to Llanelli RFC

FoNR would like to offer a great Rodney Parade welcome the players, officials and supporters of Llanelli RFC to Newport RFC's first home game of the season. Llanelli were the first visitors to Rodney Parade last season and departed with all the points in a exciting 37-25 win. We'd like to wish Llanelli all the best for the forthcoming season but we still have our fingers crossed for a different result this time around...



#### BULLION DRAW WINNERS AUGUST 2012

New signings Tom Hancock and Scott Sneddon performed the August draw at the FoNR 'Meet the Players' event held at Rodney Parade.

> 1st (£300) - Margaret Hopkins 2nd (£75) - Graham Jarvis 3rd (£25) - Jon Sheppard





## NEWPORT'S GOT TALENT - THANKS TO FONR



Newport RFC has entered into a strategic partnership with the WRU and Dragons Junior Academy based at Newport High School which has resulted in the addition of specialist support for players over the next two years. They have agreed a partnership that will enhance provision for players aged 16 - 18 who are enrolling on the new Junior Academy service at Newport High School. The partnership will create two part-time positions — a skills coach and conditioning coach - who will work with both players at the Junior Academy and players at Newport RFC.

The conditioning coach's position will be filled by Gareth Smith with Newport player, Rhys Jenkins, the new skills coach. Funding for these two posts will be part provided by a £6000 donation by the Friends of Newport Rugby (FoNR). Secretary of FoNR, Kev Jarvis, said: "FoNR is pleased to contribute to this venture and we look forward to seeing young players developing and coming through the academy to play for Newport and possibly play professional rugby".

The Junior Academy at Newport High is the second of its kind in the region and is based on the same successful model currently operating at Cross Keys College. Players selected for the Junior Academy are aged between 16-18 years and undertake their mainstream education with the Academy programme timetabled in daily around their academic commitments. The Junior Academy is headed by Dai Flanagan who, along with the two additional part time coaches, will deliver an individual rugby development programme in the areas of technical skills, tactical skills, physical and psychological development.

Newport RFC head coach, Sven Cronk, added:
"The club recognises and supports the way that the
Premiership is heading towards a younger age profile
with the aim to develop as many players as possible.
By entering into this partnership with Newport High
School the Club has made a financial commitment to
achieving these aims and we thank FoNR for their
support. By synchronising the players Junior Academy
training programme with the Premiership fixture list we
look forward to exposing some of these young players
to both Premiership and British and Irish fixtures this
season."

www.fonr.co.uk



Community rep Nick Jackson hands the FoNR £6000 cheque to NRFC Chairman,